



Mentors assume various roles in their relationships with mentees. These roles overlap and change over time. In successful relationships, the number of roles that a mentor takes on often increases as the relationship develops.

Some of the roles you may assume are:

- **Teacher/trainer** - Providing learning opportunities and offering your experience as a guide
- **Positive role model** - Demonstrating exemplary behavior and offering values that will increase chances for success and happiness
- **Social supporter/guide** - Providing encouragement to the mentee as he or she embarks on new experiences
- **Resource supporter/advocate** - Speaking and acting on behalf of the mentee and helping the mentee access community resources
- **Challenger** - Encouraging the mentee to maximize his/her potential
- **Friend/companion** - Being consistently available and sincere; providing the mentee with a caring and unconditional friendship

*The roles you play at any given time are determined by the mentee's needs, desires, and interests.*